

Death Bed Regrets to Avoid IN YOUR MARRIAGE

	<p>NOT SPENDING ENOUGH TIME WITH THE PEOPLE YOU LOVE</p> <p>Could you make sure nothing steals time away from your family? Prioritize quality and quantity time with them.</p>
	<p>WORRYING TOO MUCH</p> <p>Spend more time giving your worries to God than burdening yourself with them. Proverbs 12:25 & 1 Peter 5:7</p>
	<p>BEING UNFORGIVING</p> <p>Forgive your spouse as God has forgiven you. Let things go. But don't forget that forgiveness does not equal trust. Those are two separate issues.</p>
	<p>NOT HAVING BOUNDARIES</p> <p>Stand up for yourself, not selfishly, but in a boundary way where you stop allowing yourself to be mistreated. Get help and support if you need to.</p>
	<p>WORKING TOO MUCH</p> <p>Years will fly by without even realizing it. If you need a job that accommodates your family more, look for one. No more hiding at work or allowing a business to own you instead of you owning it.</p>

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NOT FACING YOUR FEARS

Do the things that scare you. Tackle your anxiety, take the risk, make the bold move, and address the issues you've been sacred to address.



CARING TOO MUCH ABOUT WHAT OTHERS THINK

Who cares what's on social media? Quit comparing your marriage to others. Don't be ashamed and hide your problems from the church. Look to them for help. You're not the only couple struggling. End this stigma.



CHASING THE WRONG THINGS

You can't take worldly things with you. Have nice things, but don't make them your identity. If it can burn up, you don't need to chase it. If it can't live on for generations, there is no need to pursue it so much.



MISSING PRESENT MOMENTS

Stop dwelling on the past and worrying about the future. Be more present for the here and now. Lift your head up and put your phone down more.



NOT BEING A BETTER SPOUSE OR PARENT

What do you need to change to be just a little bit better of a parent or spouse today? Do that thing. Work on that change.